

Family & Friends™ Courses

Family & Friends™ CPR:

This program teaches how to perform CPR in adults, children, or infants and how to help an adult, child, or infant who is choking. It is perfect for family members, friends and members of the general community who want to learn CPR but do not need a course completion card

Family & Friends™ First Aid for Children:

This program teaches how to manage illness and injuries in a child for the first few minutes until professional help arrives. It covers such topics as preventing injuries, recognizing and treating basic first aid emergencies, and relief of choking in infants and children. It is a perfect program for those caring for infants and children, such as family members, babysitters, and others providing in-home care.